

No Regrets!

In a nutshell:

A life of *No Regrets* must be marked by costly, lasting, amazing grace.

There are two kinds of regrets: Regrets for what we *did* and for what we *didn't*.



Discuss: What's the dumbest thing you did as a kid that you wish you could do over? Talk about it in your group (assume the Statute of Limitations is expired.)

We defined *grace* as “ill-merited favor” and “the divine influence upon the heart, and its reflection in the life.”

Discuss: Which do you think is a more accurate picture of *grace*?

How to Live with No Regrets:

Love God. We show that we love God by *worshipping* him and by *learning* about him.

Discuss: Worship is “the dangerous act of waking up to God and to the purposes of God in the world, and then living lives that actually show it” (Mark Labberton). How will knowing this affect the way you *worship*?

Discuss: “The most important aspect of our faith is our mental image of God” (Greg Boyd). What are you doing to insure that your mental image of God is accurate, and not just a mosaic of impressions? How will you *learn* about Him?

Love Others. We should show love to our group (those we choose to be with) and our neighbors (those God chooses for us to be with).

Discuss: Outside of your regular meeting, how does your group show love to each other? What are you doing to show love to your neighbors?

Serve. “... if we mean all these wonderful things we talk about and sing about, then lets see something to prove it.” (Dietrich Bonhoeffer)

Discuss: What are the members of your group doing to serve poor, homeless, or incarcerated in Limestone County? What could you do as a group that you can't do as individuals?

As a group:

Plan a movie night with popcorn and candy. Watch and discuss *Amazing Grace*, the story of William Wilberforce, (abolitionist) and John Newton, (slave trader, composer of the hymn). Or, watch and discuss *The End of the Spear* about the missionaries killed in Ecuador (free on Hulu: <http://www.hulu.com/watch/143465/end-of-the-spear>).